

This general workout principals for cardiovascular and body conditioning. It is the main goal of this class to develop the

knowledge necessary for a lifetime of fitness.

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“immodestly exposes the chest, abdomen, genitalia or buttocks.” Jewelry should not be worn.

Classroom/Course Expectations: Locks and Lockers: If you lose your lock, you will be required to purchase a new one. No one will know your combination, except you. **KEEP IT THAT WAY!** If you lose your lock, ask your instructor for the serial number. Small lockers are for storing P.E. clothes when not in use. Large lockers are used for storing your street clothes when you are in class. You may bring your own combination lock from home. Give the combination to your instructor. Remember, all lockers are the property of Deer Valley High School. If a problem occurs, school locks will be removed with key, personal locks will be removed with bolt cutters.

Injuries: Report all injuries to your instructor at the time of the injury. Failure to report an injury could result in loss of insurance coverage.

Sexual Harassment: All students are to conduct themselves at all times so as to provide an atmosphere free from sexual harassment. Sexual harassment includes unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature. Examples are: spreading sexual rumors, gestures, staring, lewd comments or jokes, whistling, ~~MNOQPHFDOOLDFNQPHFRHUEMRODWLDSHHEQDFHSDWWLQDEELQVRKKQNLMDFLSOLQ~~ ary
action: From one to ten days suspension/expulsion and a police report. See the student handbook.

Technology: